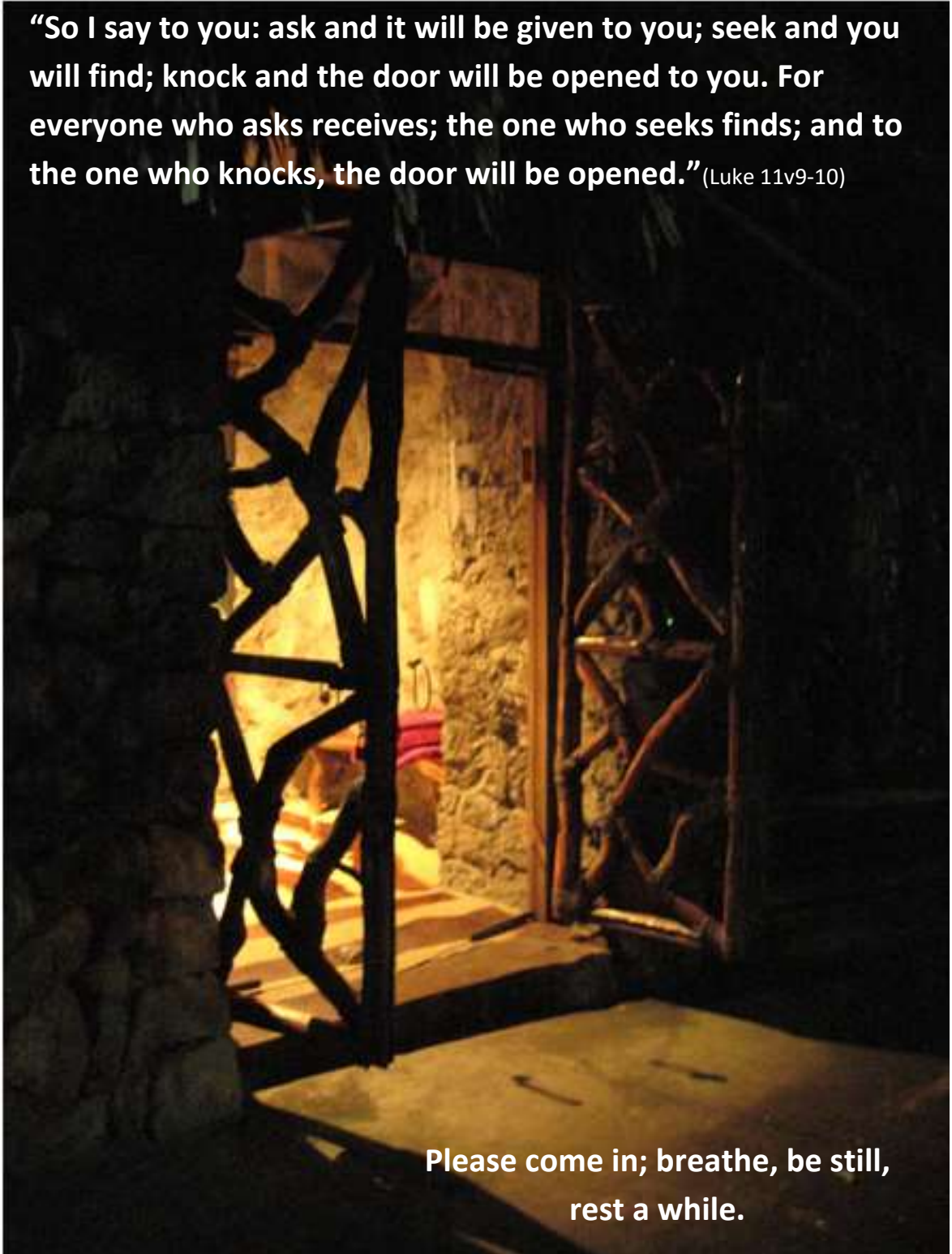


Deanery Prayer Room

“So I say to you: ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.” (Luke 11v9-10)



**Please come in; breathe, be still,
rest a while.**

Please read though the document at your own pace, use all or part as you wish.

PRAYING FOR THE CORONAVIRUS PANDEMIC

You'll need: A Bible, Worship music, Water, Soap, Paper, Pens, Plasters/band aids, Hand sanitizer.

PRAY Psalm 46 aloud

BE STILL Breathe deeply, and welcome the Holy Spirit

REJOICE and PRAY Psalm 91 aloud

Enjoy a song of worship about the greatness of God; - either listen to some music or sing out loud.

PRAY FOR THE CONTAINMENT OF THE VIRUS

Using water and soap thoroughly wash your hands. Ask God to slow and halt the spread of the Covid 19 Coronavirus. Take a moment to pray for God's particular intervention in the nations of the world.

PRAY FOR THE ILL AND ISOLATED

Using a pen and paper, write the names of the people you know who are self-isolating or who have contracted the virus. Ask God to make His presence felt in the solitude and to protect, strengthen and heal them.



PRAY FOR PROTECTION OF THE VULNERABLE

Take a pen and a packet of plasters/band aids. Write on plasters the names of the people you know who are elderly or have an underlying condition that may make them susceptible to the Coronavirus. Ask God to protect them from infection.

PRAY FOR LOCAL AND NATIONAL LEADERS

Place your hands on your head and ask God to give wisdom to national and local political leaders as they make decisions to protect people. Cup your hand over your ear and ask God to bring excellent advisers to guide them. Open your hands in front of you and ask God to give them the ability to communicate clearly to the public.

PRAY FOR HEALTH PROFESSIONALS AND ALL KEY WORKERS

Rub sanitiser into your hands as you ask God to protect the health professionals (doctors, nurses, ambulance crews, care assistants) and key workers (shop workers, delivery drivers, teachers and more) caring for those affected by the virus or helping and supporting others in the community.

Ask God to give them peace, wisdom, to anoint them for their jobs and to protect them from infection.



#thankyoukeyworkers

PRAY FOR THOSE AFFECTED IN OTHER WAYS BY THE PANDEMIC

There are many people who will be directly or indirectly affected by the coronavirus pandemic.

Ask God to comfort those grieving the loss of loved ones, to provide for those in financial difficulty because they are unable to work, and for business leaders as they face such unprecedented disruption to life.

Pray the blessing from Numbers 6:24-26 over each group.

²⁴ May the LORD bless you and take care of you;

²⁵ May the LORD be kind and gracious to you;

²⁶ May the LORD look on you with favour and give you peace.

BE STILL Breathe deeply, thank God for His presence and release into His hands all you've prayed during your time with Him.

(This was taken from 24/7 prayer site, with thanks)

Further resources can be found on the Thy Kingdom Come website at

<https://www.thykingdomcome.global/>

Journey through the Labyrinth



Take a journey through our simple labyrinth.
Before you begin imagine a pebble to carry with you,
and then follow the simple instructions
and pathway as you journey to the centre.
There you are invited to leave the pebble,
and then journey out again. Take your time.
Bring yourself and your prayers before God,
as you walk or pause along the way.

*“Give me your lantern and compass, give me a map,
So I can find my way to the sacred mountain,
to the place of your presence,
To enter the place of worship,
meet my exuberant God,
Sing my thanks with a harp,
magnificent God, my God.”*

(from Psalm 43, The Message)

As you take this first turn on your journey:

Reflect on the past year...

What are you grateful for?

Have you any regrets?

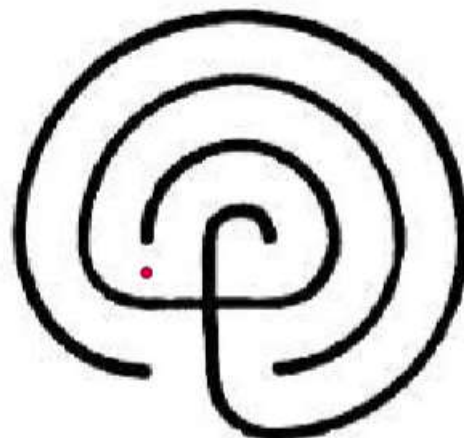


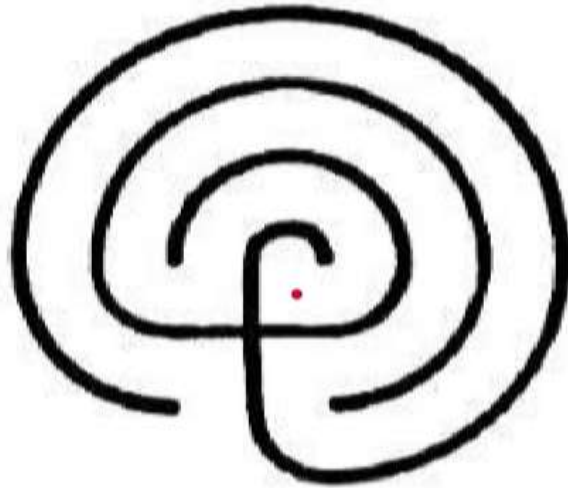
As you take this second turn on the journey:

Look to the year ahead...

What are you looking forward to?

Do you have any fears?





Pause here at the centre of the labyrinth
before you journey out again.

Imagine you are adding
your pebble to a cairn, symbolically
leaving your thanks, regrets, hopes and fears
with God.

Why am I so sad?

Why am I so troubled?

I will put my hope in God,
and once again I will praise him,
my saviour and my God.

(from Psalm 43, GNT)

BE STILL Breathe deeply, thank God for His presence and release into His hands all you've prayed during your time with Him.

Virtual Prayer Tree

Imagine you can tie a ribbon to a branch as you think or pray.



- It may be in memory of someone or in thanksgiving.
- You may be concerned about someone.
- It may be a worry that is weighing you down.

Invite God to help you rest in this moment.



PRAYER & CARE

Care for those you are praying for, pray for those you are caring for

During these difficult and trying times, we believe that now more than ever, presents an incredible opportunity for the Church worldwide, to unite in prayer so that our family, friends and neighbours will come to know the love and peace of Jesus Christ for themselves. One of our Key themes for Thy Kingdom Come is prayer and care. As we are praying for those we love to come to know the hope and love of Christ we also are encouraging all to see how they can show God's love towards them; by caring for them. Here are 5 ideas on how we can care and love those we know, even when we are socially distanced:

1. Keep up contact. Make a phone call, send an email, letter or card saying that you are praying for them at this time.
2. Keep an eye out for the anniversaries of life events. Make that phone call to let people know you care.
3. Send a small gift or book purchased on line, maybe insert life words etc.
4. Serve where you can in delivering groceries or medications.
5. Make sure the people you pray for know how much you value them by whatever means you can find.

Parish and Deanery

- Pray for your church family at this time.
- Pray for the places and people in your community.
- Pray for your outreach and service within the community.
- Pray for our clergy and lay-readers, for those in training and any in positions of responsibility.
- Pray for the deanery and the continued development of the Deanery plan.



Gateshead West Deanery

A Living Hope (1 Peter 1v3-9)

Let us give thanks to the God and Father of our Lord Jesus Christ! Because of his great mercy he gave us new life by raising Jesus Christ from death. This fills us with a living hope, and so we look forward to possessing the rich blessings that God keeps for his people. He keeps them for you in heaven, where they cannot decay or spoil or fade away. They are for you, who through faith are kept safe by God's power for the salvation which is ready to be revealed at the end of time. Be glad about this, even though it may now be necessary for you to be sad for a while because of the many kinds of trials you suffer. Their purpose is to prove that your faith is genuine. Even gold, which can be destroyed, is tested by fire; and so your faith, which is much more precious than gold, must also be tested, so that it may endure. Then you will receive praise and glory and honour on the Day when Jesus Christ is revealed. You love him, although you have not seen him, and you believe in him, although you do not now see him. So you rejoice with a great and glorious joy which words cannot express because you are receiving the salvation of your souls, which is the purpose of your faith in him.



BE STILL Breathe deeply, thank God for His presence and release into His hands all you've prayed during your time with Him.